**Older Driver Safety
Social Media**

**Facebook, X, Instagram**

When posting to X and Instagram, consider adding trending or relevant hashtags to any of the below posts.

**For Older Drivers**

* Simply getting older doesn’t mean it’s time to hang up the keys! But staying safe behind the wheel does mean monitoring changes in overall health. Learn how medical conditions can impact driving: NHTSA.gov/OlderDrivers

**For Family and Caregivers**

* For many, driving represents independence and competence. That’s why it can be difficult to talk to an aging adult about their safety behind the wheel. Read more about understanding older drivers: www.nhtsa.gov/older-drivers/how-understand-and-influence-older-drivers
* Planning for the future and safety go hand-in-hand when laying groundwork with an older driver. Take these steps to make conversations easier:

➡️ Collect information.

➡️ Make a plan.

➡️ Follow through on the plan.

Get more details at NHTSA.gov/OlderDrivers

* How to drive safely is a lifelong conversation and is especially important for aging adults. Begin talking about safe driving in general long before you notice difficulties. Remember: It is a person’s driving performance, not age, that determines fitness to drive. Learn more: NHTSA.gov/OlderDrivers
* Plan for the road ahead. Talk to your older loved ones about adjusting their driving habits to continue driving safely. Learn more: NHTSA.gov/OlderDrivers